Unstoppable Vision – Creating your vision statement

**Think of a time in your life where you felt like you belonged or were making a valuable contribution, what was good about it?**

What did you contribute that gave you a sense of belonging?

Which of your basic needs were being met?

Which of your values were being honoured?

**What works really well in your life that you want in your future?**

What do you need to do to attain, nurture and develop this?

**When are you at your absolute best?**

What makes this happen?

**When are you at your absolute worst?**

What makes this happen?

What do you implement to get you back to your best?

**What sharpens your saw?**

What is the thing that you could talk about all day every day?

What’s the thing that’s just for you, that doesn’t contribute

to a role or have a purpose other than enjoyment?

If you can’t think of anything, what will you do to find out

the answer to that question?

**What are you really good at?**

This can be something you’ve learned or a natural talent or gift.

How does it feel when you do it?

1.

2.

3.

**Think about 3 people you admire;**

What are the qualities or traits you admire most in these people?

Do you share any of these with them?

**If you had unlimited time and resources**

What would you do?

**What do you consider your most important contribution**

**to the world to be?**

What’s the legacy you want to leave behind?

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| **Role** | **Key Person** | **What they value/expect** |
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**Think about the different roles you play in your life;**

What do these people value most about you?

What do they expect from you?

Who’s in your boardroom of trusted people to take advice from?

**In 10 years’ time, what do you want your boardroom to say about you?**

What would you like the key people in each of your roles to say?

**What 3 things can you do in each of these roles to make this a reality?**

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| --- | --- | --- |
| **Role** | **Key Person** | **3 things I can do in this role to improve** |
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**My mission in life is to:**

In my roles as ­­­\_\_\_\_\_\_\_\_\_\_\_\_\_ I will:

I will consistently honour my hierarchy of values which are:

In the next 5 years, to get closer to my vision I will:

To be the best possible version of me, I will always put myself first by:

I will choose happiness and fulfilment by always making time for:

I will know what my success looks like when I;

See:

Hear:

Feel:

When I reflect on my life I want to know that I:

My most important contribution to the world and those around me will be:

I will know I am not living by my values and highest purpose when \_\_\_\_\_\_\_\_\_\_\_\_\_ and when this happens I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to realign myself to my own journey

I will surround myself with people who inspire me and possess the attributes and qualities I admire of:

The basic needs I must have met for true fulfilment are:

Physical:

Spiritual:

Mental:

Social:

Emotional:

**Put this in a format that makes most sense to you, whether it be paragraphs, one statement or a vision board. The only rule is that when you read/see it, it must inspire you to achieve your goals and push yourself to fulfil the life that you truly want.**